

**HEALTH HISTORY**  
**RIVERSIDE FAMILY MEDICINE – BRENTWOOD MEDICAL CENTER**  
 10510 Jefferson Ave, Suite A Newport News, VA 23601 757-594-3800

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Last First MI Sex: Male Female

Highest Grade Completed \_\_\_\_\_

Place of Employment \_\_\_\_\_ How long? \_\_\_\_\_ Occupation \_\_\_\_\_

Single Married Separated Divorced Widowed

Others Who Live With You	Relationship	Age	Receive Care Here?	
			yes	no
			yes	no
			yes	no
			yes	no
			yes	no

Do you have any special spiritual, religious, or cultural needs? No Yes Explain \_\_\_\_\_

**ALLERGIES:** Any allergies or reactions to any medications, X-ray dyes, foods, environmental or other substances?

No Yes (please list)

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

**PAST MEDICAL HISTORY AND REVIEW OF SYMPTOMS:**

Please circle if you have had problems with or are presently complaining of any of the following:

- |                           |                                  |                             |                         |
|---------------------------|----------------------------------|-----------------------------|-------------------------|
| 1. High Blood Pressure    | 13. Pneumonia                    | 24. Ulcers                  | 36. Arthritis           |
| 2. Diabetes               | 14. Persistent Cough             | 25. Hemorrhoids             | 37. Blood Disorder      |
| 3. Cancer                 | 15. Tuberculosis (TB)            | 26. Gallbladder disease     | 38. Sickle cell         |
| 4. Heart Disease          | 16. Asthma                       | 27. Hepatitis/liver disease | 39. Blood clots         |
| 5. Chest/Discomfort       | 17. Hayfever                     | 28. Thyroid Disease         | 40. Anemia              |
| 6. Shortness of Breath    | 18. Indigestion/heartburn        | 29. Seizures                | 41. Anxiety             |
| 7. Swollen Ankles         | 19. Abdominal Discomfort         | 30. Headaches               | 42. Depression          |
| 8. Palpitations           | 20. Change in appetite           | 31. Incontinence            | 43. Skin Diseases       |
| 9. Lightheadedness        | 21. Constipation or diarrhea     | 32. Kidney Diseases         | 44. Hearing difficulty  |
| 10. Stroke                | 22. Unexplained Weight Gain/Loss | 33. Kidney Stones           | 45. Gout                |
| 11. High Cholesterol      | 23. Blood in Stool               | 34. Difficulty Urinating    | 46. Low Back Problems   |
| 12. Fever, chills, sweats |                                  | 35. Urine infections        | 47. Glasses or contacts |
|                           |                                  |                             | 48. Glaucoma/cataracts  |

Any problems not listed above: \_\_\_\_\_

Are you on a special diet? No Yes Type \_\_\_\_\_

Do you use any community resources? (i.e. Home Health, etc) No Yes Which? \_\_\_\_\_

**FEMALE HEALTH HISTORY:**

Age of start of periods: \_\_\_\_\_ years old  
 Frequency: \_\_\_\_\_ length of period: \_\_\_\_\_ days  
 Pregnancies: \_\_\_\_\_  
 Births: \_\_\_\_\_ Miscarriages: \_\_\_\_\_  
 Method of Birth Control: \_\_\_\_\_  
 Prolonged or Abnormal Bleeding No Yes  
 Leakage of Urine: No Yes  
 Pelvic Pain: No Yes  
 Abnormal Discharge: No Yes  
 History of Abnormal Pap Smear No Yes  
 Sexually transmitted disease No Yes

**MALE HEALTH HISTORY:**

Testicular masses No Yes  
 Discharge from the penis No Yes  
 Sexually transmitted disease No Yes  
 Problems with erections No Yes  
 Difficulty Urinating No Yes

**OPERATIONS:** No Yes (please list)

Type of Operation	When

**OTHER HOSPITALIZATIONS:** No Yes (please list)

Reason	When

Vaccination History- Have you had?  
 Hepatitis B No Yes When? \_\_\_\_\_  
 Tetanus Immunization No Yes When? \_\_\_\_\_  
 Flu Immunization No Yes When? \_\_\_\_\_  
 Other? No Yes When? \_\_\_\_\_  
 Pneumonia Immunization No Yes When? \_\_\_\_\_  
 When was your last?  
 Pap Smear \_\_\_\_\_ Breast Exam \_\_\_\_\_ Stool Check for Blood \_\_\_\_\_  
 Mammogram \_\_\_\_\_ Cholesterol Check \_\_\_\_\_ Prostate Exam \_\_\_\_\_

**FAMILY HISTORY:** Has any member of your family (incl. parents, grandparents, and siblings) had the following?

Illness	Which Family Member?	Approximate Age when diagnosed
Cancer (describe type)		
High Blood Pressure		
Heart Disease		
Diabetes		
Stroke		
Mental Illness (anxiety, depression, etc.)		
Blood/clotting Disease		
Other:		

**MEDICATIONS:** (Prescriptions, Over-the-Counter, Vitamins, Herbs, etc.)

Drug Name	Dose

Drug Name	Dose

**PREVENTION:**

Do you wear seat belts? No Yes  
 If no, why not? \_\_\_\_\_  
 Do you wear a bicycle or motorcycle helmet? No Yes Not applicable  
 Do you smoke or use tobacco products? No Yes If yes, how many packs/day? \_\_\_\_\_  
 Do you drink alcoholic beverages? No Yes If yes, how much/week? \_\_\_\_\_  
 Is there a gun in your home? No Yes  
 Do you use drugs? (marijuana, cocaine, crack, etc.) No Yes If yes, list \_\_\_\_\_  
 Any behaviors which would increase your risk of AIDS?  
 (IV drug use, unprotected intercourse, same sex relationship) No Yes If yes, list \_\_\_\_\_  
 Do you wish to be tested for AIDS? No Yes  
 Have you ever worked with chemicals, paints, asbestos,  
 or other hazardous materials? No Yes  
 If Yes, please explain \_\_\_\_\_  
 Have you ever been afraid in your home? No Yes  
 Do you have a "living will"? No Yes  
 Are you an organ donor? No Yes

**FOR PHYSICIAN USE ONLY**

Initial \_\_\_\_\_ Date \_\_\_\_\_ Initial \_\_\_\_\_ Date \_\_\_\_\_ Initial \_\_\_\_\_ Date \_\_\_\_\_ Initial \_\_\_\_\_ Date \_\_\_\_\_ Initial \_\_\_\_\_ Date \_\_\_\_\_